

Travel

P4-5 PARTY TIME
WHY IT'S A
GREAT YEAR
FOR HEADING
DOWN
MEXICO WAY



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 Aled Jones on why Mustique is heaven on Earth **P3** / Peace and quiet in rural Slovenia **P7** / Fiona Duncan reviews The Cornwall, Tregorrick **P8** / **06.06.10**

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HEAVEN ON EARTH

MUSTIQUE, CARIBBEAN

WHO
 Singer and
 broadcaster
Aled Jones

WHY
 'It's the most
 private place I've
 ever visited'

I adore Mustique, my idea of a heavenly holiday destination, in large part because it's the most private place I've ever visited. When you take a holiday there, you're guaranteed a relaxing time.

I first went to the island (www.mustique-island.com), which covers little more than two square miles, about four years ago – just weeks before I joined Radio 2. And I've been back five times since, so you can tell I'm a fan.

I love everything about Mustique: the sunshine, the beaches, the massive waves that break on the Atlantic side of the island, and the beautiful sunsets you can watch from the bar on the beach on a clear night. And the fact that the only way to get around is by golf buggy.

It's a great place for a family holiday – we tend to go in the winter when the weather is so ghastly back home – and the children love playing on the beach or splashing in the sea. When I'm not messing about with the kids, swimming or playing tennis, I suspect I probably eat and drink a little bit too much – the same way most people do when they're on holiday.

Slice of paradise:
Aled Jones loves
the seclusion
and safety of
Mustique

The first time I visited I stayed at the Cotton House (001 784 456 4777; www.cottonhouse.net), one of only two hotels on the island, which I can thoroughly recommend, though on subsequent trips we've rented a villa, which gives you that bit more privacy and is ideal for families.

I like the fact that there isn't a lot of choice when it comes to lunch or dinner. You go either to the legendary Basil's Bar (784 488 8350; www.basilsmustique.com), built on stilts over the water; to the Cotton House; or you just stay at home and dine at your villa. That suits me fine.

The Mustique Company, which owns and runs the island, also lays on some nice little touches for guests – for instance, if you're staying in a villa, they have a drinks party one night a week at the Cotton Club, which gives you a chance to get to know other holidaymakers. Another thing I like about Mustique is that it's safe – so safe that they had to get rid of three of the island's four policemen because there was nothing for them to do.

● *Aled Jones presents 'Good Morning Sunday' on Radio 2 on Sunday mornings at 7am*



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